



Connetquot JV Competition: Sunday, 2/4/2018

<u>Session 1: Small</u>			
<u>Team</u>	<u>Stretch/Check-In</u>	<u>Warmup</u>	<u>Perform</u>
Newfield	8:40	8:50	9:10
Comsewogue	8:50	9:00	9:20
Connetquot	9:00	9:10	9:30
Longwood	9:10	9:20	9:40
Hauppauge	9:20	9:30	9:50
Mount Sinai	9:30	9:40	10:00
Riverhead	9:40	9:50	10:10
Sachem East	9:50	10:00	10:20
Bridgehampton	10:00	10:10	10:30
Smithtown West	10:10	10:20	10:40

<u>Session 3: Large</u>			
<u>Team</u>	<u>Stretch/Check-In</u>	<u>Warmup</u>	<u>Perform</u>
Smithtown East	1:40	1:50	2:10
Lindenhurst	1:50	2:00	2:20
Sachem North	2:00	2:10	2:30
Walt Whitman	2:10	2:20	2:40
Rocky Point	2:20	2:30	2:50
Sayville	2:30	2:40	3:00
Ward Melville	2:40	2:50	3:10
West Islip	2:50	3:00	3:20

<u>Session 2: Small</u>			
<u>Team</u>	<u>Stretch/Check-In</u>	<u>Warmup</u>	<u>Perform</u>
Northport	11:10	11:40	12:00
West Babylon	11:20	11:30	12:10
Brentwood	11:30	12:00	12:20
Centereach	12:00	12:10	12:30
Amityville	12:10	12:20	12:40
Commack	12:20	12:30	12:50
Kings Park	12:30	12:40	1:00
North Babylon	12:40	12:50	1:10
Pat-Med	12:50	1:10	1:20
HHH West	1:10	1:20	1:30