

### **BOYS LACROSSE**

2021

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### Bayport-Blue Point Union Free School District

**Timothy M. Mullins**Director of Athletics,
Physical Education & Health

Timothy P. Hearney, Ed.D. Superintendent of Schools

April, 2021

Dear Suffolk County Boys Lacrosse Coach,

Welcome to another season of Section XI Boys Lacrosse. It is my pleasure to continue to serve all of you as your Sports Chairperson and I look forward to working with the Lacrosse Coaches Association.

It is my job to serve as your liaison to the New York State Public High School Athletic Association and Section XI. Please do not hesitate to call me at the Bayport - Blue Point Administrative Center at 472 – 7808 or e mail me at <a href="mailto:tmullins@bbpschools.org">tmullins@bbpschools.org</a> should you have any questions or concerns.

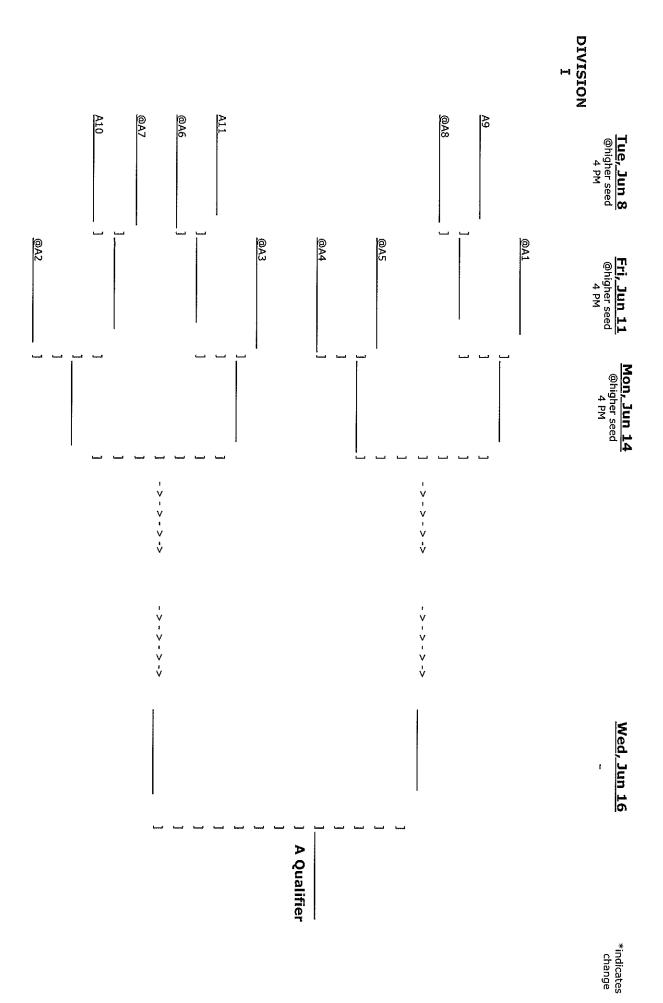
I wish each and every one of you an enjoyable and successful season.

Tim Mullins

**Section XI Boys** 

Lacrosse Chairman

# Tentative 2020-21 BOYS LACROSSE



Sat, Jun 12 @higher seed 12 PM

Tue, Jun 15 @higher seed

Wed, Jun 16 @higher seed

D Qualifier

www.sectionxi.org/TOUR/BLAX.htm

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B Qualifier

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C Qualifier

V - V - V - V

2/3

Boys Lacrosse (Power Ranked)	
Division I (A)	Division II (B, C & D)
Brentwood	Beliport - B
Longwood	West Islip - B
Middle Country	Deer Park - B
William Floyd	West Babylon - B
Pat-Med	ESM - B
Sachem East	Comsewogue - B
Ward Melville	HH Hills West - B
Sachem North	Hauppauge - B
Commack	East Islip - B
SH/EH/BH/Pier/Ross	Harborfields - B
Bay Shore	Kings Park - B
Walt Whitman	Rocky Point - B
Lindenhurst	Westhampton - B
Connetquot	Sayville -C
Northport	Islip - C
HH Hills East	Miller Place - C
Copiague	Mt. Sinai - C
Smithtown East	Bayport-Blue Point -C
Huntington	SWR - C
North Babylon	Elwood-J Glenn - C
Smithtown West	Mattituck/Shld/Gpt - D
Riverhead	Center Moriches - D
	Babylon -D
	Port Jefferson -D

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### **Section XI Tournament**

Boys Lacrosse will use pre-season power ranked adjustment points for 2016-17 (approved 10/16)

Class A: The eleven (11) highest-ranking teams in Division I qualify for post-season play.

Class B: the seven (7) highest-ranking B teams in Division II quality for post-season play.

Class C: The four (4) highest-ranking C teams in Division II qualify for post-season play.

Class D: The two (2) highest-ranking D teams in Division II qualify for post-season play.

There shall be a 4-class tournament, ending with a Class Champion (A, B, C & D) effective with the 2016-17 school year. (approved 10/16)

Class A, B, C & D semi-finals in each class shall be played at higher seed.

### **BOYS LACROSSE**

- 1. NFHS Rules as modified by NYSPHSAA govern the sport. One adult from the home team shall be assigned to the scorer's table for all varsity competitions. He/she shall have complete control of the time, substitutions, and general decorum of said table.
- 2. An area of 10 yards beyond each side line shall be roped or fenced off.
- 3. The home team shall wear white or light colored jerseys.
- 4. Inclement Weather: If a varsity game is stopped by officials due to weather before the end of the game and the game cannot continue, the game will be continued on the next available date from the point the game was stopped. The home team scorebook shall reflect the time the game was called, the game time and the possession/placement of ball. The home team scorebook shall be signed by the head official.
- 5. Rosters: Coaches shall submit varsity and JV rosters to the Max Preps. Copies of the rosters shall be available at each game and shall include players' home and away numbers and list the coaching staff.
- 6. Timekeepers: It is recommended that an adult be used as the timekeeper for all contests, but it is mandated for varsity contests.
- 7. Publicity: It is the responsibility of the winning team's coach to provide Newsday with a report of the contest result.
- 8. Filming: Unless mutually agreed upon by the two competing coaches, there will be no third party filming from the press box.
- 9. All Rules set forth by NFHS will be followed.

Section XI Page 1 of 1

### **CODE OF ETHICS FOR COACHES**

Section XI is committed to high ethical standards of conduct as applied to coaches and athletes, therefore coaches shall:

- 1. Know the rules of the game, the policies of Section XI, and the rules and regulations of NYSPHSAA. The coach and the team shall abide by these rules and regulations.
- 2. Actively use their influence to enhance good sportsmanship on the part of their players and their community.
- 3. Refrain from the verbal abuse of athletes and/or officials. Profane and vulgar remarks, critical public comments, and off-color humor are demeaning, offensive and unprofessional.
- 4. Refrain from the physical abuse of athletes and/or officials. Unnecessary roughness, fighting or any other form of physical abuse cannot be tolerated. (Note: Verbal and physical abuse should never substitute for motivational techniques, which enhance performance without threatening the dignity of the athlete.)
- 5. Be responsible for the supervision, discipline, and behavior of his/her athletes and abide by all of the rules and regulations of the host school at away contests.
- 6. Preserve the integrity of competition by never humiliating the opponent in a deliberate manner.
- 7. In unofficiated sports, ensure honesty in scoring and integrity of calls on the part of their athletes.
  - 8. Do not attempt to seek an advantage through intimidation of opponents or officials.
- 9. Be positive role models relative to the use of controlled and illegal substances (drugs, alcohol, and tobacco).
- 10. Recognize that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well being of the individual players.

Violations of this code will be handled by Section XI in the following manner:

- 1. Misconduct regarding the inappropriate behavior of a coach shall be referred to the offending coach's athletic director.
- 2. If the violation is not reconciled, the athletic director will forward a report to the Executive Director.
- 3. On a further violation or flagrant misconduct, the Executive Director will send a formal letter to the coach, athletic director and principal noting that such behavior is unacceptable at Section XI contests. The letter should reflect the degree of inappropriateness.
- 4. Should Section XI deem it necessary, the matter will be pursued through the Ethics Committee.

### <u>SPORTSMANSHIP</u>

In all sports, players and coaches will rate their opponents' sportsmanship at every contest. Season team averages will determine winners in each league/division/device. The officials' rating card will include a sportsmanship rating of opponents at every contest (league and non-league). All teams at all levels of all sports are expected to submit these ratings.

Certificates and recognition will be given to those teams best exemplifying sportsmanship.

Every sport has its own rules and regulations that must be known and respected by coaches and athletes and enforced consistently by officials. However, there are certain behavioral standards that elevate an athletic event from a mere contest to a positive educational experience. Section XI's purpose in implementing this system is to encourage coaches and athletes to focus on these behavioral standards.

### NYSPHSAA THUNDER AND LIGHTNING POLICY

The following policy will be in effect during Section championships and state qualifiers under the direction of the Executive Director, Sports Chair or designee:

- 1. Thunder and lightning necessitates that contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation thunder is thunder, lightning is lightning.
- \* With your site administrator, set up a plan for shelter prior to the start of any contest.
- 2. When thunder is heard and/or when lightning is seen, the following procedures should be adhered to:
- a. Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, car).
- b. Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers and underground watering systems.
- c. After thunder and/or lightning have left the area, wait approximately **30 minutes** after the last boom is heard or strike is seen before resuming play or competition.

### **Contest Interruption**

- 1. Whenever weather or other conditions cause the official(s) to interrupt a contest, the officials(s) shall make every reasonable effort to resume and complete the contest, with full consideration of the weather and site conditions (as they affect safety and playing conditions). The official(s) shall wait a minimum of 30 minutes from the time of the interruption before considering the cessation of play.
- 2. When thunder is identified at the site of an outdoor contest, the official(s) will suspend play immediately and wait a minimum of 30 minutes from the time of the interruption before considering the cessation of play. The official(s) will then make a decision whether to cease play for that day or resume the contest.
- 3. If lightning is observed at the site of an outdoor contest by the official(s) 15 or fewer minutes prior to the scheduled start of that contest, the official(s) and the responsible school authorities shall not permit that contest to be played on that date.
- 4. If lightning is observed at the site of an outdoor contest by the official(s) during the playing of the contest, the official(s) shall immediately cease play for the day. The rules of the particular sport shall determine whether the contest is "official" or must be resumed at a later date.

### **NEXT AVAILABLE DATE**

In all sports, a postponed VARSITY contest must be played on the next available date. The next available date is defined as the next available weekday (M-F) on which a contest has not previously been scheduled by either team. Saturdays and Sundays may be used by mutual agreement. (5/22/90)

Exceptions: see baseball and softball (approved 5/18/04)

IN ORDER TO COMPLETE A LEAGUE SEASON, THE EXECUTIVE DIRECTOR MAY MANDATE ANY DAY EXCEPT SUNDAY AS THE NEXT AVAILABLE DATE DURING THE LATTER PART OF A SEASON. HOWEVER, THE MAXIMUM NUMBER OF LEAGUE GAMES PER WEEK (AS LISTED IN THE SPORT SPECIFIC EXCEPTIONS TO THIS POLICY) MAY NOT BE EXCEEDED.

Non-league contests will be vacated at the direction of the Executive Director in cooperation with the sport chairman if it becomes necessary to complete a league season.

PENALTY: FAILURE OF A SCHOOL TO COMPLY WITH THE NEXT AVAILABLE DATE POLICY WILL RESULT IN FORFEITURE. IF BOTH OPPOSING SCHOOLS WILL NOT COMPLY, BOTH SCHOOLS WILL BE ASSESSED A LOSS.

For contests in Section-wide sports:

A DATE WHICH IS VACATED AND/OR IDENTIFIED FOR THE PURPOSE OF ACCOMMODATING A SCHOOL'S PROM OR AN ENTIRE GRADE LEVEL TRIP PRIOR TO THE DEADLINE FOR SCHEDULE CHANGES WILL NOT BE CONSIDERED A NEXT AVAILABLE PLAYING DATE.

Boys tennis, track and girls' volleyball are exempt from this policy during the spring recess only.

### NOTE: SCHOOLS MAY NOT MUTUALLY AGREE TO BE LESS RESTRICTIVE ON THE IMPLEMENTATION OF THIS POLICY.

When extraordinary circumstances (hurricanes, snowstorms, power outages, etc.) preclude a team from practicing on <u>four or more</u> consecutive days, the Executive Director may waive the next available date rule to allow for one day of practice. (5/14/96)

 $\underline{\text{Contest Sites}}$  - The Executive Director, in consultation with the Sports Chair, is allowed to direct schools to switch sites and/or find neutral sites in league or division varsity games during the last week of the regular season. (10/10/07)

Following are the sport specific exceptions:

### Basketball, Field Hockey, Lacrosse, and Soccer

Teams are not mandated to play:

- 1. League contests on more than two consecutive days.
- 2. More than three league games per week (running Monday Saturday).
- 3. More than four league games during the last week of the season. These may not be played on more than two consecutive days.

### **HEAT ALERT POLICY**

- 1. <u>Modified Heat Alert</u> When the heat index reaches 88 (equivalent to T.H.I. of 73), practice sessions or contests in all sports must include:
  - a. Forced, frequent water breaks (every 10-15 minutes).
- b. Loose clothing, light colored shorts and tee shirts (mesh recommended) for practice sessions.
  - c. Frequent rest breaks in shaded areas.
- d. For football and lacrosse, mandatory water breaks every 15 minutes during which all players must remove helmets. Those players not participating in contact activities during practice, games or scrimmages shall not wear helmets.

NOTE: During all contests, the rules are to be modified to permit additional time outs for rest and forced water breaks.

- 2. <u>Full Heat Alert</u> When the heat index reaches 95 (equivalent to T.H.I. of 78), **no** physical activity in any sport is permitted. Team meetings are permitted.
- 3. <u>Notification of Schools</u> The Section XI Safety Chairman, will monitor the heat index and will initiate a heat alert by notifying the Section XI Office as to the course of action. The Section XI staff will communicate this information to each member district through the Connect-Ed system, with specific instructions for heat alert implementation. (Rev 5/10)
- 4. No sport is exempt from modified or full heat alerts. (1/16/02)

# Reminder....

## RECOMMENDED GUIDELINES FOR AUTOMATIC EXTERNAL DEFIBRILLATORS AT INTERSCHOLASTIC ATHLETIC CONTESTS

- The home school is responsible for providing trained personnel and an adequate number of AEDs at all interscholastic contests.
- At cross country meets conducted at off-site locations, those schools designated as the home schools will bring an AED and the trained personnel to use it. The personnel from home schools will be assigned to a specific location on the course. All competing schools will receive AED location maps for this site at the beginning of the season.
- At Section XI sponsored team tournaments, the higher seeded team will be responsible for providing trained personnel and an AED.
- At Section XI sponsored individual sport tournament events, the host school will be responsible for providing trained personnel and an AED.
- At Section XI sponsored individual sport tournament events conducted at non-school sites, the sport chairman will designate particular schools to be responsible for providing trained personnel and an AED.
- ❖ On the occasion where a home school will not be providing an AED and trained personnel at a contest, it is the responsibility of that home school to so notify the visiting school in a timely manner.

### **PROTESTS AND APPEALS**

### I. APPEALS

- A. An appeal of any decision (made by a committee, a conference, a sport chairman, an officer of the Section) must be made within five school days upon receipt of that decision. The high school principal shall submit to the Executive Director a written request co-signed by the athletic director for an appeal hearing. This request shall be accompanied by a certified or school district check in the amount of two hundred dollars, non-refundable.
- B. An appeal of the decision of the Appeals Committee may be made to the Athletic Council. A written notice of appeal from the high school principal co-signed by the athletic director accompanied by a certified or school district check in the amount of three hundred dollars, non-refundable, must be submitted to the Executive Director within five school days of receipt of the Appeals Committee's decision. The Athletic Council shall have the power to affirm, modify or reverse the decision of the Appeals Committee.

### II. PROTESTS - SEASON CONTESTS (LEAGUE AND NON-LEAGUE)

### A. Notification

1. The intent to protest and specific reason(s) for such must be filed with the officials (if any) and the opposing coach as follows:

FIELD HOCKEY, LACROSSE, SOCCER - Immediately (if necessary, a substitute is to be sent to notify the official that the coach is protesting the game). If the game ends before the protest can be lodged, the protest must be made before the teams leave the field.

2. Letter - The Executive Director must receive a protest letter from the high school principal co-signed by the athletic director describing the basis for the protest. Such letter must be received within five days of the contest protested and be accompanied by a certified or school district check payable to Section XI in the amount of two hundred dollars, refundable only if protest is upheld.

B. <u>Protest - Section Tournaments</u> - Prior to each Section sponsored competition, the site chairman (or host athletic director) shall establish a protest committee (unless the rules of the sport provide another procedure) which will decide immediately on any and all questions and/or protests relative to the competition rules or the conduct of the competition. Such decisions shall be final with no right of appeal.

### III. HEARING PROCEDURES

### A. <u>Protests</u>

- 1. The protest of any other contest (league or non-league) shall be referred to the President of Section XI (via the Executive Director) who shall appoint a chairman for the hearing.
- 2. A hearing shall be held within five school days of the receipt of the letter and check.

### 3. Protest Hearing Committee

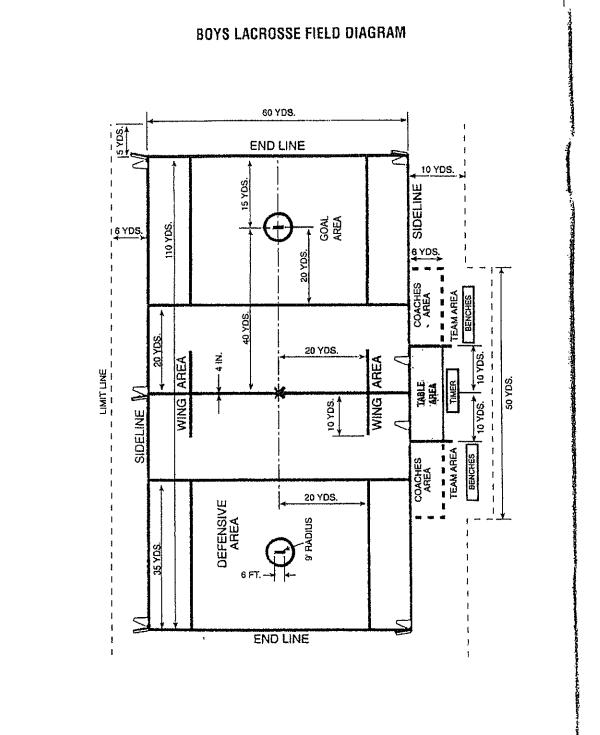
- a. It is recommended that there be three or five (including the chairman) voting members of the committee.
- b. Personnel from the schools directly involved in the protest shall not be members of the committee.
  - c. The Executive Director (or Assistant) shall attend the hearing.
- d. The appropriate sport chairman and rules interpreter shall act as consultants to the committee and will not vote.
- e. The athletic directors and coaches of the schools involved are expected to attend the hearing.
  - f. Game officials are expected to attend the hearing.
  - g. Attendance is limited to school and Section XI personnel.
- h. Schools involved in the protest shall be notified of the committee's decision.
- i. The Executive Director shall forward a report of the committee's decision to the involved schools within five school days.

### Medical Waivers for NYSPHSAA Regulation

Waivers of the minimum number of required participations may be granted for medical reasons only. To request such a waiver, the athletic director must submit:

- a. written request for such to the Executive Director,
- b. medical documentation of the illness/injury indicating specific dates, and
  - c. a record of the athlete's participation.

The athletic director will be notified of approval/disapproval.



### NYSPHSAA BOYS LACROSSE

(SEE PAGE 117- #42 IN NYSPHSAA 2012-2014 HANDBOOK)

### **SCRIMMAGE GUIDELINES**

**SCRIMMAGES:** A lacrosse scrimmage must have modified time periods and include <u>one or more</u> of the following:

- 1. Alternate possessions
- 2. Start the scrimmage with either a Draw (Girls) or Face-Off (Boys)
- 3. Include the following game situations:
  - a. Face-Off/Draw- Boys/Girls
  - b. Clears and Rides-Boys/Girls
  - c. Extra man and Man-Down-Boys/Girls
  - d. Fast Breaks- Boys/Girls

IT IS PERMISSABLE TO DRILL WITH ANOTHER TEAM BEFORE OFFICIAL ALLOWABLE SCRIMMAGE DATE. ONLY STICK WORK DRILLS CAN BE DONE.

ABSOLUTELY NO OFFENSE/DEFENSE; ONLY INDIVIDUAL DRILLS ARE ALLOWED.