

MODIFIED BOYS AND GIRLS SOCCER

Game Conditions

1. A minimum of two nights rest between contests.
2. The maximum number of contests shall be 10.
3. Nine practices are required before the first scrimmage.
4. Eleven practices are required before the first interschool contest.

Game Rules

1. National Federation Rules:
2. The maximum length of the quarter shall be 15 minutes.
3. Free substitution is permitted when the ball goes over the side line or end line.
4. Equipment:
 - a. Only sneakers or shoes with molded soles and molded cleats are permitted in the modified program. Shoes with metal posts or spikes are not permitted in any modified sport.
 - b. Shin guards must be worn at all times by all players.
 - c. A mouthpiece shall be worn by the soccer goalie for protective purposes.
5. One time out period per quarter (including each overtime period) may be called whenever the ball is dead. The coach is permitted on the field during the time out period to instruct the players.
6. The sliding tackle is not permitted.
7. The overhead scissors kick is not permitted.
8. Corner flag post must be of a flexible nature and conform to the National Federation rule standard on not being less than five feet high. Plastic traffic cones may be substituted in place of corner flag posts.
9. There shall be two overtime periods of four minutes when the regulation game ends in a tie. A coin shall be flipped prior to the first overtime period. If a tie still exists after the second overtime, no further play shall be conducted.
10. In the event of a disqualification of a player, a substitution must be made for that disqualified player. If a team has no eligible substitute, the team may continue to play shorthanded.
11. The flip throw-in is not permitted.

Section XI Rules

B Level Program - Five Period Format

The five period format is mandated for all B level teams in soccer. Playing an extra quarter is not an option for the B level program in Section XI.

Following are the conditions of this program:

1. Only B level teams may participate.
2. Teams shall be divided into two squads of equal numbers and *unequal ability*.
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3. Coaches must exchange rosters prior to every contest.
4. One squad will play the first and third periods and the other squad will play the second and fourth periods. All players are eligible for the fifth period.
5. All goals scored count.
6. Teams having the minimum numbers of 24 players are obligated to play five periods (unless on austerity) provided their opponents also meet the minimum number of 24.
7. If teams have fewer than the minimum number of players but still can field two full teams, those teams may opt to play five periods. (If substitutes are used, note #8.)
8. No players may play in more than three periods of a five period contest.
9. There is no half-time intermission when five periods are played.
10. Extra compensation forms presented by the officials must be signed by the home coach.
11. Each coach is requested to make a notation on the rating card verifying the extra compensation for the officials.

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